



## CAMPER PACKING LISTS & SPORT SPECIFIC ITEMS

### BOARDING CAMPERS

- XL Deep Pocket Twin-Sized Bed Sheets (bottom sheet, top sheet/blanket, pillow)
  - We have in-dorm washer & dryer units for use as desired (must bring your own laundry detergent/pods)
  - Linen sets available to purchase for \$60 in our pro shop
- Bath towel
- Personal toiletries (soap, shampoo, deodorant, toothbrush & toothpaste – also available for purchase on-site)
- Clothing for training & leisure activity (8-10 t-shirts, at least one long-sleeve shirt, shorts, socks, undergarments)
- Swimsuit for pool training & leisure activity
- Athletic running/training shoes for Performance Training (sandals, slides, or Crocs should not be worn for training)
- Backpack or gym bag to carry items around campus during training
- Reusable water bottle
- Sunscreen and insect repellent
- Cell phone/tablet (if desired) and charger
- Snacks & drinks as desired
- Additional spend money for purchases in our pro shop, vending machines, or off-campus excursions
  - Recommended \$50 per week

Basketball	Swimming	Track & Field	Soccer
<ul style="list-style-type: none"> <li>○ Basketball shoes</li> <li>○ T-shirts</li> <li>○ Socks</li> <li>○ Shorts</li> </ul>	<ul style="list-style-type: none"> <li>○ Practice swim suits (2/day)</li> <li>○ Extra towel</li> <li>○ T-shirts</li> <li>○ Shorts</li> <li>○ Cap</li> <li>○ Goggles</li> <li>○ Equipment (for training camp only)</li> </ul>	<ul style="list-style-type: none"> <li>○ Track spikes</li> <li>○ T-shirts</li> <li>○ Socks</li> <li>○ Pole Vault Equipment (optional)</li> <li>○ Throwing equipment (optional)</li> </ul>	<ul style="list-style-type: none"> <li>○ Soccer cleats</li> <li>○ Shin guards</li> <li>○ Shorts</li> <li>○ Socks</li> </ul>
Lacrosse	Wrestling	Volleyball	E-Sports
<ul style="list-style-type: none"> <li>○ Grass cleats</li> <li>○ Helmet</li> <li>○ Gloves</li> <li>○ Stick</li> <li>○ Goalie Protective Equipment</li> </ul>	<ul style="list-style-type: none"> <li>○ Wrestling shoes</li> <li>○ T-shirts</li> <li>○ Headgear (optional)</li> </ul>	<ul style="list-style-type: none"> <li>○ Compression sleeve(s) or long sleeve t-shirt</li> <li>○ Volleyball court shoes</li> <li>○ Socks</li> <li>○ Kneepads</li> <li>○ Elbow pads</li> </ul>	<ul style="list-style-type: none"> <li>○ Headset</li> <li>○ Mousepad</li> <li>○ Controller charger</li> <li>○ External USB or hard drive</li> </ul>

## DAY CAMPERS

- Athletic running/training shoes for Performance Training (sandals, slides, or Crocs should not be worn for training)
- Backpack or gym bag to carry items around campus during training
- Reusable water bottle
- Sunscreen and insect repellent
- Snacks & drinks as desired
- Additional spend money for purchases in our pro shop, vending machines, or off-campus excursions
  - Recommended \$50 per week