

# NEOITC MEET INFORMATION 2025-2026

## @ SPIRE Academy

### Meet Schedule

- 3:30 PM** Coaches/Athletes/Volunteers/Trainers must enter the Track Building by North Entrance, Door C-17 get their wristbands and go to the spectator stands. We **cannot** permit entry onto the track or field events earlier than 4:30 PM due to the building usage prior to the NEOITC Meet.
- 4:00 PM** Spectators enter by the South Entrance, Doors C-1, C-2, C-3, get their wristbands and proceed to the spectator stands. To enter through this door people **must** have tickets (No Athletes/Volunteers) – Tickets for the event may be purchased online <https://www.spireinstitute.org/tickets/>
- 4:30 PM** Track becomes available to begin warm ups. Please enter and exit the competitive track area by the stairs only. **DO NOT CLIMB OVER THE RAILINGS**
- 5:00 PM** JV 1600M (Unscored) – Coaches record own athletes times. Performances are not eligible for the NEOITC All-Star Meet.
- 5:30 PM** Official Meet starting time for running and field events. Track and Infield closed for competition.

#### NEOITC DATES 2026

Green – Thursdays 1/8, 1/22, 2/5 & 2/20

Blue – Fridays 1/9, 1/23, 2/6 & 2/20

White – 1/14, 1/28, 2/11 & 2/20

Red – 1/15, 1/27(Tue), 2/12 & 2/20

Black – 1/16, 1/30, 2/13 & 2/20

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#### Field Events (Must check in at site before event starts – must check out for other events)

5:30 pm HJ, SP – Girls then Boys

5:30 pm LJ, WT – Boys then Girls

5:30 pm PV – Girls and Boys simultaneous (boys may only jump at specified heights)

Running Events will occur on a rolling schedule (Girls first, then Boys). All entrants must check in with the Clerk. Also pick up necessary hip numbers from the Clerking area. And finally have their Spikes checked ( $\frac{1}{4}$ " / 7mm) spikes only). **Exception: HJ ONLY may use 3/8" (9mm).**

#### SCHEDULE IS SUBJECT TO MODIFICATION AS NEEDED

- 5:30 PM** 4 x 800 M Relay (G then B)  
60 M Hurdles (G then B)  
60 M Dash (G then B)  
4 x 200 M Relay (G then B)  
1600 M Run (G then B)  
400 M Dash (G then B)  
800 M Run (G then B)  
200 M Dash (G then B)  
3200 M Run (G then B)  
4 x 400 M Relay (G then B)
- 9:30 PM** Athletes, coaches, volunteers, trainers and officials are headed home.

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### Event Check-in

#### Track Events:

- **All athletes in running events** need to check-in with the Clerk approximately 3 events prior to their event.
- Runners in the following races need to pick up their assigned hip numbers from the **Clerk for these races: 400m, 800m, 1600m, 3200m and the last leg of every relay.** 🏃 Athletes who do not check-in with the Clerk could be scratched from the event.

#### Field Events:

- **All athletes in field events** must **weight in their implements** and check-in at their event area with the Head Official **prior** to the start of the **first** flight and near the Clerks area.
- Anyone that **does not** check-in/weight-in on time could be scratched from the event.

#### Timing and Results:

**Fully Automatic Timing will be used. Live Results will be available online at MileSplit Live.**

#### Safety Rules:

- In an effort to conduct a safe and quality meet for all participants, USATF - the NHSF - the NCAA and SPIRE Academy strictly rule that **no electronic devices**, including; headphones, cell phones, radios, etc. will be permitted inside the competition areas.
- This means the **ONLY** space where these devices are allowed is the spectator stands.
- These devices present a safety risk for competitors and officials.
- Please notify your athletes in advance that they can only use these items in the stands or in the building hallways.

**ABSOLUTELY NO SPECTATORS, TEAM OR INDIVIDUAL CAMPSITES ON THE INFIELD**

#### Lane Preferences:

- For the 60m Dash and 60m hurdles, lane preferences will be as follows:
  - 10 lanes – 5, 6, 4, 7, 3, 8, 2, 9, 10, 1
  - 9 lanes – 5, 6, 4, 7, 3, 8, 2, 9, 10
  - 8 lanes – 5, 6, 4, 7, 3, 8, 2, 9
- For the 200m, 400m, 4x200 R and 4x400 R, lane preference will be as follows: 6, 7, 8, 5, 4, 3, 2, 1.

#### Spike Limitations:

- Spike Length: Spikes no longer than  $\frac{3}{8}$ " (7mm) are allowed ( $\frac{3}{8}$ "/9mm are okay for HJ ONLY). **Pyramid spikes ONLY.** No other spike types are allowed.
- The Clerk will check spike length, so bring them to check-in. Athletes whose spikes are found to be too long or improper will not be permitted to compete using those spikes.

#### Field Event Flights:

- LJ is an open pit format with a max of 4 jumps
- If flights are used, the order of flights will flow so the best athletes will compete in the final flights.
- Athletes will all be given four attempts.

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### Starting Heights:

- TBD at a later date

### Trainer:

- NEOITC/SPIRE Academy **may** provide a certified athletic trainer, who will be stationed near the finish line. They only provide ice and first aid.
- Any other trainers please only allow those athletes that need treatment in your area.
- SPIRE Academy does not provide taping, taping supplies or modalities.

### Tickets:

- General Admission \$9.00
- All-Star Meet \$12.00
- Children 11 and under are Free

### Spectator/Participant Seating:

- **TEAMS:** Only spectators should be sitting in the red captain's chairs for the meet.
- Teams are permitted to sit in any of the lower bleacher sections (seating without backs) of the spectators stands.
- To view the Pole Vault/Throws, only spectators, not athletes, are allowed to sit in the temporary bleachers (**if provided**).
- Spectators and Parents are **NOT** permitted on the track or infield, unless temporary seating is available.

**Please remind athletes, coaches, parents and spectators to respect any SPIRE Academy employees. Please feel free to ask them for help at any time. They are here to help so we all have a safe and enjoyable competition.**

**Thank you!**